



Exam Name - Certified Nursing Assistant (CNA)™

Sample Exam

- **1.** Before assisting a resident with hygiene, you should:
 - A. Use hand sanitizer only if hands are visibly dirty
 - B. Wash hands with soap and water for at least 20 seconds
 - C. Skip washing if gloves are worn
 - D. Rinse hands briefly under running water

Answer **B**

- 2. Which pulse rate is within the normal range for adults?
 - A. 40 BPM
 - B. 58 BPM
 - C. 85 BPM
 - D. 110 BPM

Answer C

- **3.** When helping a resident walk, the CNA should:
 - A. Ask the resident to keep eyes down
 - B. Walk slightly ahead as a guide
 - C. Use a gait belt and walk beside or slightly behind
 - D. Hold the resident by the elbow

Answer C



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4.	A CNA documents a resident drinking 4 ounces of juice. This is	:
	A. 50 mL	
	B. 120 mL	
	C. 240 mL	
	D. 500 mL	
	Answer C	
5.	To prevent pressure ulcers, the CNA should reposition a reside	nt:

- A. Every 4 hours
- B. Only when resident requests
- C. Every 2 hours at minimum
- D. Only if the resident is incontinent

Answer C

- Before providing personal care, the CNA should: 6.
 - A. Leave the room door open
 - B. Explain the procedure and close the curtain or door
 - C. Assume the resident understands the procedure
 - D. Perform care without explanation to save time

Answer **B**